

**DEPARTMENT 125  
OPEN FOOD & NUTRITION**



Superintendents – Doris Hagen  
Assistants – Karla Johnson and Linda Smith

No more than one entry will be permitted in any item by open exhibitor, entries in the department will be confined to residents of the State of Wisconsin.

It is recommended that all food entries be brought in on Wednesday AM.

FOODS. All foods become the property of the Ag Society. Items not meeting requirements may be disqualified.

Rhubarb will be considered a fruit and pumpkin a vegetable for baked food and food preservation entries.

**Premiums:**

**1st \$2.00 2nd \$1.75 3rd \$1.50 4th \$1.25**

**CLASS A – CAKE (not from a mix unless specified). Entire cake must be brought and cut at time of entry.**

**Item No.**

1. Chocolate or devils food cake, 4"x4", corner piece unfrosted
2. White cake, 4"x4", corner piece, unfrosted
3. Angel food cake, unfrosted, 1/4 cake upright
4. Sunshine cake, unfrosted, 1/4 cake, leavening added
5. Sponge cake, unfrosted, 1/4 cake, true sponge, no leavening added
6. Chiffon cake, 1/4 cake, unfrosted
7. Spice cake, 4"x4" corner piece (no nuts, no fruit)
8. Chocolate or devils food layer cake, 4" wedge-frosted
9. Cup cakes, light, unfrosted, 3
10. Cup cakes, dark, unfrosted, 3
11. Jelly Roll-1/2 roll
12. Gingerbread, 4"x4" corner piece
13. Cake from a mix, unfrosted, light, 4"x4" corner piece
14. Cake from a mix, unfrosted, dark, 4"x4" corner piece
15. Bundt cake from a mix, unfrosted, 1/4 cake
16. Angel food from a mix, unfrosted, 1/4 cake
17. Raised doughnuts, 3, unsugared
18. Cake doughnuts, 3, unsugared

**Premiums:**

**1st \$1.75 2nd \$1.50 3rd \$1.25 4th \$1.00**

**CLASS B – COOKIES**

**Item No.**

1. White cookies-3, rolled & cut
2. Dark cookies-3, rolled & cut
3. Filled cookies-3
4. Chocolate Chip cookies-3
5. Refrigerator cookies-3 (rolled, chilled, sliced)
6. Spritz cookies-3
7. Cereal cookies-3 (specify cereal used)
8. Chocolate brownies-3, unfrosted, not from a mix
9. Sandbakkels-3
10. Ethnic cookie-3

**Premiums:**

**1st \$2.00 2nd \$1.75 3rd \$1.50 4th \$1.25**

**CLASS C – BREAD AND ROLLS Breads must be whole loaves and will be cut at time of entry.**

**Item No.**

1. White bread-yeast
2. Whole wheat or graham bread-yeast
3. White bread, yeast, machine made
4. Whole wheat or graham bread, yeast, machine made
5. Rye bread-yeast
6. Raisin bread-yeast
7. Oatmeal bread-yeast
8. Yeast dinner rolls-3
9. Tea or coffee ring-yeast, 8 or 9" diameter, 1/3 of ring

10. Yeast coffee cake-sugar or streusel top, 4"x4" corner piece
11. Batter bread, white
12. Batter bread-dark
13. Bread made from frozen dough, white
14. Bread, made from frozen dough, wheat
15. Bread, other, label



**RED STAR® YEAST AWARD**

Red Star Yeast will provide RED STAR® merchandise items to be given as awards. To be eligible to win the RED STAR® Yeast prizes, contestants must use RED STAR® Yeast and attach an empty packet or photo to their recipe entry.

The Lesaffre Yeast Corporation will provide RED STAR® Yeast and coupons to all food exhibitors as food items are entered for competition.

**Premiums:**

**1st \$1.75 2nd \$1.50 3rd \$1.25 4th \$1.00**

**CLASS D – QUICK BREADS Breads must be whole loaves, but small loaves (7"x3") are suggested**

**Item No.**

1. Nut bread (indicate nut), loaf
2. Fruit bread (indicate fruit), loaf
3. Coffee cake, 4x4", corner piece
4. Vegetable bread (indicate vegetable), loaf

**Premiums:**

**1st \$1.75 2nd \$1.50 3rd \$1.25 4th \$1.00**

**CLASS E – CANDY**

**Item No.**

1. Fudge-3 pieces, marshmallow recipe
2. Fudge-3 pieces, traditional recipe
3. Peanut brittle-3 pieces
4. Any other candy-3 pieces

**Premiums:**

**1st \$2.00 2nd \$1.75 3rd \$1.50 4th \$1.25**

**CLASS F – PASTRY**

**Item No.**

1. Pastry shell-4" individual size, other than lard, include recipe

**BEST OF SHOW – ROSETTE – FOODS & NUTRITION**



**BALL® Fresh Preserving AWARD**

**Presented by:**

**BALL® & KERR® FRESH PRESERVING PRODUCTS**

Newell Brands Inc., marketers of Ball® and Kerr™ Fresh Preserving Products, is proud to recognize today's fresh preserving (canning) enthusiasts. An award for 1<sup>st</sup> and 2<sup>nd</sup> place will be presented to the individual whose home canned entry is selected as the best in the category.

A panel of judges will select the top two entries in Fruits, Vegetables, Pickles, and Soft Spreads. Entries must be preserved in Ball® Jars sealed with Ball® Lids and Bands specially designated for home canning, or preserved in Kerr™ Jars sealed with Kerr™ Lids and Bands specially designated for home canning. In addition, entries in the soft spread category must be prepared using Ball® Pectin: Classic, Low or No-Sugar, or Liquid. Proof of pectin purchase in the form of a receipt or product UPS must be submitted with entry.

Entries from each category honored with a First Place award will receive:

- Two (2) Five-Dollar (\$5) Coupons for Ball® or Kerr™ Fresh Preserving Products and
- One (1) Free (up to \$6 value) Coupon for Ball® Pectin

Entries from each category honored with a Second Place award will receive:

- One (1) Five-Dollar (\$5) Coupon for Ball® or Kerr™ Fresh Preserving Products and
- One (1) Free (up to \$6 value) Coupon for Ball® Pectin

### FOOD PRESERVATION exhibit regulations

1. All entries must be processed after the previous year's La Crosse Interstate Fair.
2. Exhibits may be in 1/2 pints, pint or quart jars, but standard jars and lids are required.
3. If there is doubt in the opinion of the judge, the jars may be opened.
4. If unsafe canning methods are used, food will be disqualified.
5. Rings should be removed from jars.

Current USDA and University Extension canning procedures must be followed.

**Tomato products waterbath canned must indicate type and amount of acid.**

**All jars must be labeled (including jams and jellies).**

Example:

**Product:**

**Date Canned: Month Day Year**

**Method of Preparing (Check)**

- Hot Pack
- Cold Pack

**Method of Processing (Check)**

- Boiling Water Bath
- Pressure Canner

**Processing Time: Quarts Pints**

**Labels should be taped on the jar or it will not be judged.**

Items not meeting requirements may be disqualified.

**Premiums:**

**1st \$1.75 2nd \$1.50 3rd \$1.25 4th \$1.00**

### CLASS-G – FRUITS

Item No.

1. Applesauce-strained
2. Applesauce-sliced
3. Apricots
4. Blackberries (wild or tame)
5. Blueberries
6. Peaches
7. Cherries
8. Pears
9. Plums (wild or tame)
10. Black raspberries (wild or tame)
11. Red raspberries (wild or tame)
12. Rhubarb
13. Strawberries
14. Grape juice
15. Fruit pie filling
16. Any other variety of fruit, label variety

### CLASS H – VEGETABLES

Item No.

1. Asparagus
2. Green beans
3. Yellow beans
4. Sweet corn (whole kernel cut from cob)
5. Carrots
6. Beet greens (1/2 pint jar accepted)
7. Peas
8. Spinach (1/2 pint jar accepted)
9. Sauerkraut
10. Swiss chard (1/2 pint jar accepted)
11. Tomato juice
12. Tomato sauce
13. Salsa
14. Tomatoes (whole and in juice)
15. Tomatoes-cut
16. Meatless spaghetti sauce
17. Mixed vegetables for soup or stew
18. Any other variety of vegetable, label variety

### CLASS I – MEAT

Item No.

1. Beef/Venison (indicate)
2. Chicken
3. Pork
4. Fish
5. Any other variety of meat, label variety

### CLASS J – JELLY

Item No.

1. Apple
2. Blackberry
3. Strawberry
4. Raspberry
5. Plum
6. Grape
7. -Any other variety of jelly, label variety

### CLASS K – JAM

Item No.

1. Blackberry
2. Grape
3. Plum
4. Raspberry
5. Strawberry
6. Orange marmalade
7. Peach
8. Apple butter
9. Any other variety of jam, label variety

### CLASS L – PICKLES

Item No.

1. Crabapple pickles
2. Peach or pear pickles
3. Beet pickles
4. Dill pickles-fresh pack
5. Bread and butter pickles
6. Cucumber pickles, sweet
7. Vegetable relish-list vegetables used
8. Watermelon or ripe cucumber pickles
9. Dilly beans
10. Dilled cauliflower
11. Brussel sprouts

### CLASS M – DRIED FOODS

**1/4 cup measurement, or as listed after herbs, should be displayed in sealed, clean, clear plastic bag. Contents will be discarded at close of fair.**

Item No.

1. Corn
2. Onions
3. Carrots

4. Peppers
5. Any other vegetable not listed, label variety
6. Apples
7. Peaches
8. Cherries
9. Any other fruit not listed, label variety
10. Apple leather
11. Banana chips
12. Tomato leather
13. Any other fruit or vegetable leather or chip not listed, label variety
14. Parsley, 1/4 cup
15. Dill, 1/4 cup
16. Chives, 1/4 cup
17. Any other herb or seasoning not listed, label variety, 1/4 cup